

## CLINICAL—ALIMENTARY TRACT

## Colonoscopist Performance and Colorectal Cancer Risk After Adenoma Removal to Stratify Surveillance: Two Nationwide Observational Studies



Paulina Wieszchy,<sup>1,2,3,\*</sup> Elisabeth Waldmann,<sup>4,5,6,7,\*</sup> Magnus Løberg,<sup>3,8</sup> Jaroslaw Regula,<sup>1,2</sup> Maciej Rupinski,<sup>1,2</sup> Marek Bugajski,<sup>1,2</sup> Kathryn Gray,<sup>7</sup> Mette Kalager,<sup>3,8</sup> Monika Ferlitsch,<sup>4,5</sup> Michal F. Kaminski,<sup>1,2,3,8,§</sup> and Michael Bretthauer<sup>3,7,8,§</sup>

<sup>1</sup>Department of Gastroenterology, Hepatology and Clinical Oncology, Centre of Postgraduate Medical Education, Warsaw, Poland; <sup>2</sup>Department of Oncological Gastroenterology and Department of Cancer Prevention, the Maria Skłodowska-Curie Memorial Cancer Center and Institute of Oncology, Warsaw, Poland; <sup>3</sup>Department of Transplantation Medicine Oslo University Hospital, Oslo, Norway; <sup>4</sup>Department of Internal Medicine III, Division of Gastroenterology and Hepatology, Medical University of Vienna, Vienna, Austria; <sup>5</sup>Quality Assurance Working Group of the Austrian Society for Gastroenterology and Hepatology, Vienna, Austria; <sup>6</sup>Department of Biostatistics, Harvard T.H. Chan School of Public Health, Boston, Massachusetts; <sup>7</sup>Frontier Science Foundation, Boston, Brookline, Massachusetts; and <sup>8</sup>Clinical Effectiveness Research Group, Institute of Health and Society, University of Oslo, Oslo, Norway

This article has an accompanying continuing medical education activity, also eligible for MOC credit, on page e19. Learning Objective: Upon completion of this CME activity successful learners will be able to identify limitations of the metrics used to evaluate colonoscopy performance and describe how current metrics relate to interval colorectal cancer.

CLINICAL AT

See Covering the Cover synopsis on page 976;  
See editorial on page 1007.

**BACKGROUND AND AIMS:** Colonoscopy surveillance after adenoma removal is an increasing burden in many countries. Surveillance recommendations consider characteristics of removed adenomas, but not colonoscopist performance. We investigated the impact of colonoscopist performance on colorectal cancer risk after adenoma removal. **METHODS:** We compared colorectal cancer risk after removal of high-risk adenomas, low-risk adenomas, and after negative colonoscopy for all colonoscopies performed by colonoscopists with low vs high performance quality (adenoma detection rate <20% vs ≥20%) in the Polish screening program between 2000 and 2011, with follow-up until 2017. Findings were validated in the Austrian colonoscopy screening program. **RESULTS:** A total of 173,288 Polish colonoscopies were included in the study. Of 262 colonoscopists, 160 (61.1%) were low performers, and 102 (38.9%) were high performers; 11.1% of individuals had low-risk and 6.6% had high-risk adenomas removed at screening; 82.2% had no adenomas. During 10 years of follow-up, 443 colorectal cancers were diagnosed. For low-risk adenoma individuals, colorectal cancer incidence was 0.55% (95% confidence interval [CI] 0.40–0.75) with low-performing colonoscopists vs 0.22% (95% CI 0.14–0.34) with high-performing colonoscopists (hazard ratio [HR] 2.35; 95% CI 1.31–4.21; *P* = .004). For individuals with high-risk adenomas, colorectal cancer incidence was 1.14% (95% CI 0.87–1.48) with low-performing colonoscopists vs 0.43% (95% CI 0.27–0.69) with high-performing colonoscopists (HR 2.69; 95% CI 1.62–4.47; *P* < .001). After negative colonoscopy, colorectal cancer incidence was 0.30% (95% CI 0.27–0.34) for individuals examined by low-performing colonoscopists, vs 0.15% (95% CI 0.11–0.20) for high-performing (HR 2.10; 95% CI 1.52–2.91; *P* < .001). The observed trends were reproduced in the Austrian

validation cohort. **CONCLUSIONS:** Our results suggest that endoscopist performance may be an important contributor in addition to polyp characteristics in determining colorectal cancer risk after colonoscopy screening.

**Keywords:** Colorectal Cancer Screening; Screening Colonoscopy; Cancer Prevention; Surveillance.

Colorectal cancer is the second leading cause of cancer death in the United States.<sup>1</sup> Colonoscopy screening is widely introduced to prevent colorectal cancer by removal of precancerous adenomas.<sup>2,3</sup>

Individuals with adenomas removed during colonoscopy are at higher risk for adenomas and cancer later in life. Thus, guidelines recommend colonoscopy surveillance every 5 to 10 years for individuals with low-risk adenomas (1 or 2 tubular adenomas <1 cm in diameter, or serrated adenomas <1 cm), and every 3 years for individuals with high-risk adenomas (≥1 cm in diameter, high-grade dysplasia, villous components, ≥3 adenomas, or serrated adenomas ≥1 cm or with dysplasia).<sup>4,5</sup> However, evidence for current surveillance guidelines is poor, especially for long-time follow-up.

Due to increasing screening activities, achieving surveillance after adenoma removal for all individuals is a challenge for health care systems around the world. In the

\*Authors share co-first authorship; §Authors share co-senior authorship

**Abbreviations used in this paper:** ADR, adenoma detection rate; CI, confidence interval; HR, hazard ratio; ICD, International Classification of Diseases; IQR, interquartile range.

Most current article

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0016-5085/\$36.00

<https://doi.org/10.1053/j.gastro.2020.10.009>

**WHAT YOU NEED TO KNOW****BACKGROUND AND CONTEXT**

Current surveillance recommendations are based solely on adenoma characteristics, whereas colonoscopist performance may also have a non-negligible effect on colorectal cancer after colonoscopy screening.

**NEW FINDINGS**

During 10 years of follow-up, individuals examined by low-performing colonoscopists had over 2-times higher risk of colorectal cancer than individuals examined by high-performing colonoscopists. Even patients with high-risk adenomas had a very low risk of interval cancer if a high-performing colonoscopist performed the screening.

**LIMITATIONS**

Lack of information on possible residual confounders and surveillance.

**IMPACT**

A combination of adenoma characteristics and colonoscopists performance should be considered for surveillance recommendations.

United States, more than 20% of all colonoscopies performed in individuals older than 55 years are for adenoma surveillance.<sup>6</sup> A randomized trial has started to investigate longer surveillance intervals than currently recommended, but results will not be available before another 10 years.<sup>7</sup>

Colonoscopist adenoma detection rate (ADR; the proportion of screening colonoscopies in which at least 1 adenoma is detected) is a valid measure for colonoscopy quality,<sup>8,9</sup> and has been introduced as a key quality indicator in screening guidelines.<sup>10,11</sup> A high ADR is associated with a low risk of colorectal cancer after colonoscopy (so-called interval cancer). Recent studies showed an association among ADR, adenoma characteristics, and post screening advanced neoplasia and colorectal cancer.<sup>12,13</sup> However, current surveillance guidelines do not take into account colonoscopist performance when determining surveillance intervals, and long-time follow-up data are lacking.

We hypothesized that individuals with high-risk adenomas removed by colonoscopists with a low ADR may be at higher risk for colorectal cancer after 10 years, as compared with high-risk individuals examined by endoscopists with a high ADR. We took advantage of complete, high-quality data from the Polish National Colorectal Cancer Screening Program and compared the risk of colorectal cancer after colonoscopy screening for individuals with low- and high-risk adenomas and after negative colonoscopy according to colonoscopist ADRs. We validated our findings in an independent dataset from the Austrian colonoscopy screening program.

## Methods

### Polish Study Cohort

Since 2000, the Polish National Colorectal Cancer Screening Program offers colonoscopy screening every 10 years to inhabitants aged 50 to 66 years with no symptoms of colorectal cancer.<sup>14,15</sup>

Individuals with a family history of colorectal cancer are eligible from 40 years. Between 2000 and 2011, the program had 132 screening centers. Surveillance colonoscopy after polyp removal is recommended according to the US guidelines.<sup>16,17</sup> Data from all screening colonoscopies are stored in a dedicated database, and all individuals are identified and followed using the Polish national individual identifier. The following information is registered in the screening database: sex, age, and family history of colorectal cancer of screening participants; intubation depth at screening colonoscopy; quality of bowel preparation; number, location, and characteristics of adenomas detected at screening (size, morphology, dysplasia grade); and completeness of removal.<sup>14</sup>

For this study, we analyzed data from the program for all individuals who underwent screening colonoscopy between January 1, 2000, and December 31, 2011, with follow-up through December 31, 2017. For calculation of the ADR, we excluded individuals with suspected or diagnosed hereditary colorectal cancer syndromes, lack of histopathology results, incomplete polyp removal, and those who underwent colonoscopy by colonoscopists with <100 examinations per year (Figure 1). For calculation of the risk for colorectal cancer after colonoscopy screening, we further excluded individuals with colorectal cancer detected at screening, with incomplete colonoscopies, and those with inadequate bowel preparation as defined on the Aronchick scale (poor or very poor).<sup>18</sup>

### Endpoint Ascertainments

We used the Polish national individual identifier to link screening participants to the Polish Cancer and Population Registries, respectively, and retrieved dates of colorectal cancer diagnosis (histologically verified colorectal adenocarcinoma; International Classification of Diseases (ICD), 10th Revision codes C18.0–C20.0), and dates and causes of death. The Polish databases are close to 100% complete for our outcomes of interest.<sup>19</sup>

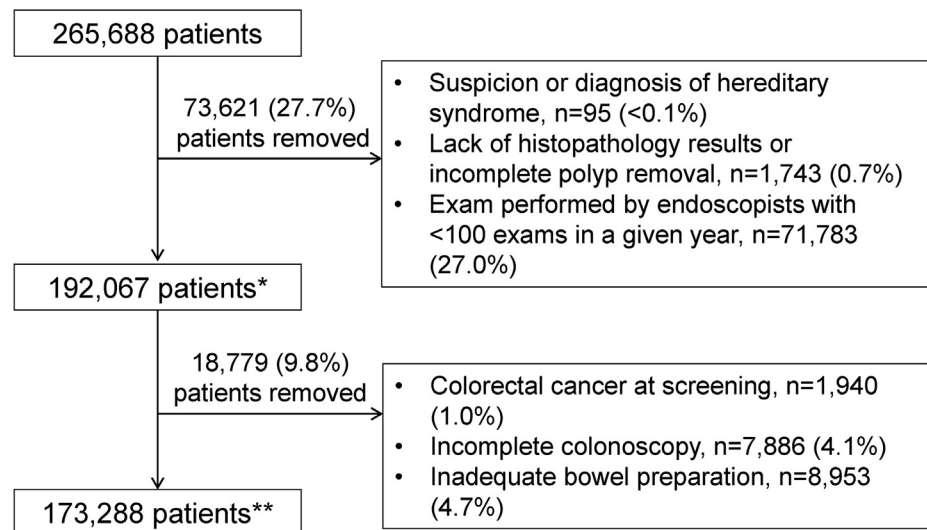
Colorectal cancer after screening was defined as colorectal adenocarcinoma diagnosed between 180 days and 10 years after screening colonoscopy. We also performed sensitivity analyses censoring individuals with low-risk adenomas after 5 years, and individuals with high-risk adenomas after 3 years.

We defined individuals with low-risk adenomas as those with 1 to 2 removed tubular adenomas <1 cm in size, and individuals with high-risk adenomas as those with removed adenomas ≥1 cm in size, with high-grade dysplasia, villous, or tubulovillous histology or ≥3 adenomas.<sup>4</sup>

We categorized all colonoscopists in the screening program into low performers and high performers, respectively, according to their individual annual ADR, as recently described.<sup>8</sup> Briefly, for each calendar year, ADRs for each colonoscopist were calculated (eg, for a colonoscopist who participated in the screening program for 5 years, 5 different ADR values were calculated).<sup>8</sup> Taking into account the adenoma prevalence during screening colonoscopy in Poland,<sup>8</sup> and the distribution of ADRs in our cohort (Table 1), we defined the threshold of low vs high performance at an ADR cutoff of 20% for our primary analyses. We also performed sensitivity analyses with an ADR threshold of 25% to be representative for other patient cohorts.<sup>9</sup>

### Statistical Analyses

Individuals were classified as low-risk, high-risk, or no adenomas, according to their findings at screening colonoscopy. Quintiles of ADRs are shown in Table 1.



**Figure 1.** Study flow chart of the Polish colonoscopy screening cohort.

\*This cohort was used to calculate annual adenoma detection rate for each colonoscopist.

\*\*This cohort was used to calculate risk of interval cancer.

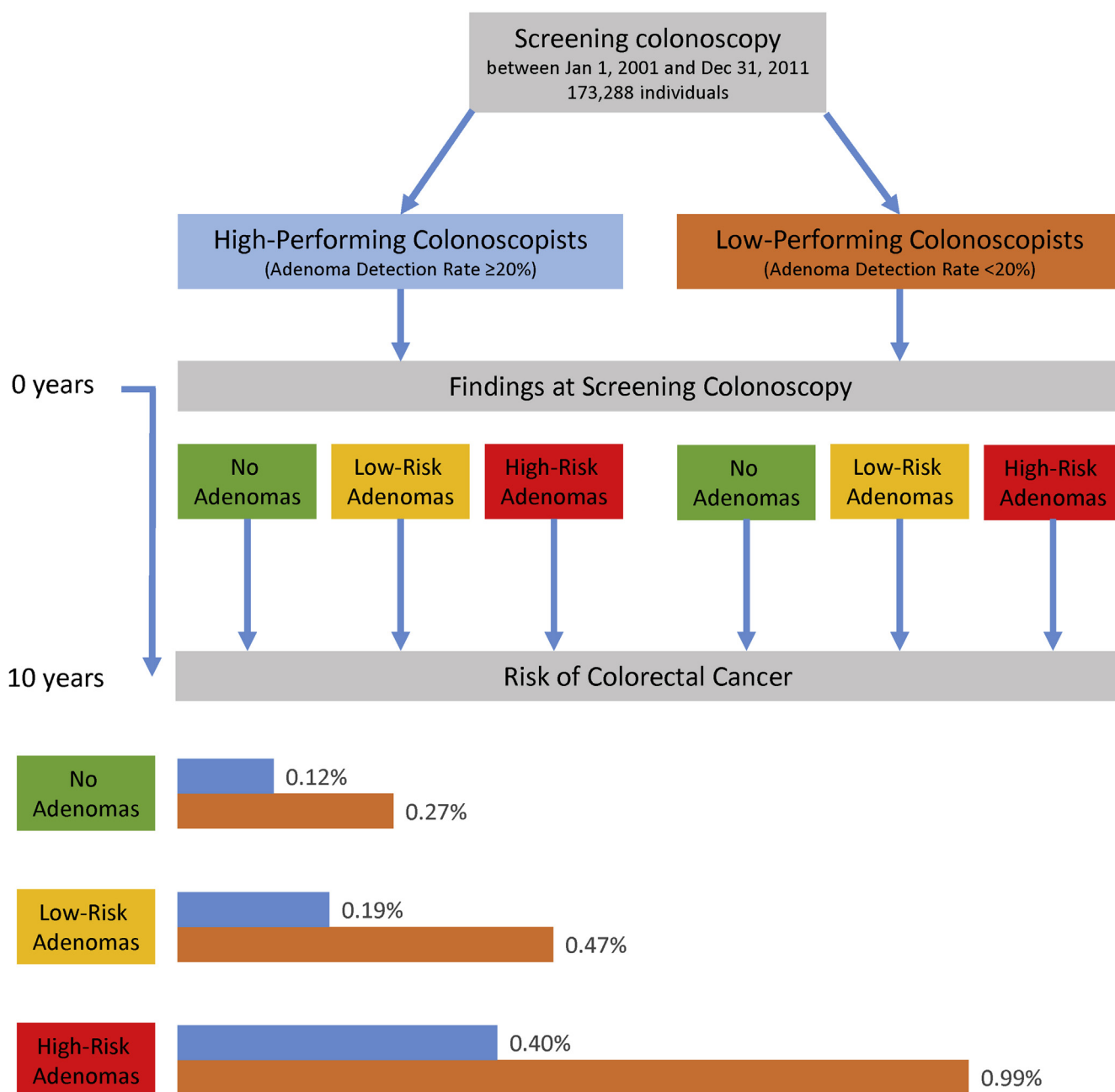
**Table 1.** Baseline Characteristics for Included Individuals and Their Colonoscopists in the Polish Colonoscopy Screening Program

| Individual characteristics              |                                  |                      |
|-----------------------------------------|----------------------------------|----------------------|
| Age (y), mean (SD)                      | 55.8 (5.5)                       |                      |
| Sex, n (%)                              |                                  |                      |
| Female                                  | 107,723 (62.2)                   |                      |
| Male                                    | 65,565 (37.8)                    |                      |
| 1st degree relatives of CRC, n (%)      |                                  |                      |
| No                                      | 138,919 (80.2)                   |                      |
| Yes                                     | 34,369 (19.8)                    |                      |
| Finding at screening colonoscopy, n (%) |                                  |                      |
| No adenoma                              | 142,588 (82.2)                   |                      |
| Low-risk adenoma <sup>a</sup>           | 19,304 (11.1)                    |                      |
| High-risk adenoma <sup>a</sup>          | 11,306 (6.6)                     |                      |
| Colonoscopist characteristics           | No. of endoscopists <sup>b</sup> | No. of colonoscopies |
| Yearly adenoma detection rate           |                                  |                      |
| Quintile 1: <12.1%                      | 89                               | 34,519               |
| Quintile 2: 12.1%–15.9%                 | 105                              | 35,498               |
| Quintile 3: 16.0%–19.9%                 | 109                              | 38,236               |
| Quintile 4: 20.0%–24.8%                 | 109                              | 33,721               |
| Quintile 5: ≥24.9%                      | 89                               | 31,314               |

CRC, colorectal cancer; SD, standard deviation.

<sup>a</sup>Low-risk adenoma individuals: 1–2 removed tubular adenomas <1 cm in size. High-risk adenoma individuals: removed adenomas ≥1 cm in size, with high-grade dysplasia, villous or tubulovillous histology, ≥3 adenomas.<sup>4</sup>

<sup>b</sup>The sum of rows exceeds the total number of colonoscopists as 1 colonoscopist could be in different categories in different years.



**Figure 2.** Kaplan-Meier cumulative 10-year risk of colorectal cancer after screening colonoscopy by colonoscopist adenoma detection rates and characteristics of removed adenomas.

Our primary analyses were the comparisons of interval cancer risk for low-risk, high-risk, and no adenoma individuals who were examined by low- vs high-performing endoscopists (ADR of <20% as compared with ≥20%), respectively after 10 years of follow-up. These analyses comprised the following 3 comparisons:

- low-risk adenoma individuals examined by low- vs high-performing colonoscopists
- high-risk adenoma individuals examined by low- vs high-performing colonoscopists
- no adenoma individuals examined by low- vs high-performing colonoscopists (Figure 2)

For each comparison, the rates of interval cancer were derived as the number of colorectal cancers per 100,000 person-years of risk over the years of follow-up for the Polish cohort and Austrian cohort, respectively. The corresponding hazard ratios (HRs) with 95% confidence intervals (CIs) were calculated using Cox proportional hazard models with sandwich estimator of variance to allow for intra-colonoscopist correlation. Forward stepwise regression at a 0.1 significance level was used for variable selection. Variables tested for inclusion were individuals' age (40–49, 50–54, 55–59, 60–66 years), sex, and family history of colorectal cancer (1 or more first-degree relatives with colorectal cancer, vs none). All tests were 2-sided and .05 significance level was used. All analyses were performed using Stata software, version 15.1 (StataCorp, College Station, TX).



All screened individuals were followed from the date of screening colonoscopy to the date of colorectal cancer diagnosis and were censored at the time of death, after 10 years of follow-up, or the end of the observation period (whichever occurred first).

In sensitivity analyses for follow-up time after screening, we censored individuals with low-risk adenoma after 5 years, individuals with high-risk adenoma after 3 years, and individuals without adenomas after 10 years.

### Validation Cohort

As a validation cohort, we used a screening cohort from Austria. The Austrian screening program offers colonoscopy screening to average-risk inhabitants starting at the age of 50 years, and for individuals 30 to 49 years with a family history of colorectal cancer or expressed fear of cancer.<sup>20</sup> Surveillance or new screening is recommended after 10 years for low-risk and negative colonoscopy and after 3 years for high-risk adenomas, respectively.<sup>4</sup> The program has had a quality assurance program since 2007, in which approximately 50% of screening centers participate.<sup>20,21</sup> The current study cohort comprises all screening colonoscopies performed between January 2008 and March 2015 at the centers participating in the quality assurance program. Available data included individual's characteristics (age and sex), intubation depth, and colonoscopy findings (number, size, location, and histopathology of the most advanced lesion).<sup>20,21</sup> For endpoint ascertainment, hospital admission and discard diagnoses for colorectal cancer (ICD-9 and ICD-10 codes C18–21 and ICD-9 codes 153, 154, respectively) until March 31, 2015, were retrieved from the Main Association of Statutory Insurance Companies in Austria. The database does not include information on family history of colorectal cancer. All screened individuals were followed from the date of screening colonoscopy and censored at the end of follow-up or surveillance colonoscopy (whichever occurred first). For calculation of ADR, colonoscopists with <30 examinations per year were excluded. All other analyses and categorizations followed the main study cohort from Poland.

### Institutional Review Board Approval

In Poland, in accordance with policy institutions, this observational study of routinely collected data from the Polish screening programs did not require review by an institutional review board. The use of the Austrian patient data was approved by the ethics committee of the Medical University of Vienna (EK1323/2015).

## Results

### Polish Cohort

A total of 173,288 individuals underwent screening colonoscopy and were included (Figure 1). Table 1 shows baseline characteristics of the included individuals and the performance distribution of the 262 participating colonoscopists.

After a median follow-up of and censoring after 10 years (IQR 7.85–10 years) and 1,545,629 person-years of follow-up, 443 interval colorectal cancers were diagnosed. Median time to cancer diagnosis was 5.9 years (IQR 4.0–7.9 years).

The median colonoscopist ADR was 17.9% (IQR 13.1%–23.5%); 108,253 individuals (62.5%) were examined by low-performing colonoscopists, and 65,035 (37.5%) were examined by high-performing colonoscopists. Of the individuals, 11.2% were classified as low-risk, 6.5% as high-risk, and 82.3% had no adenomas at screening colonoscopy.

For low-risk individuals, cumulative 10-year colorectal cancer incidence was 0.55% (95% CI 0.40–0.75) for those examined by low-performing colonoscopists vs 0.22% (95% CI 0.14–0.34) for those examined by high-performing colonoscopists (HR 2.35; 95% CI 1.31–4.21;  $P = .004$ ). For individuals with high-risk adenomas, colorectal cancer incidence was 1.14% (95% CI 0.87–1.48) for those examined by low-performing colonoscopists vs 0.43% (95% CI 0.27–0.69) for those examined by high-performing colonoscopists (HR 2.69; 95% CI 1.62–4.47;  $P < .001$ ). For individuals with no adenomas, colorectal cancer incidence was 0.30% (95% CI 0.27–0.34) when examined by low-performing colonoscopists vs 0.15% (95% CI 0.11–0.20) for high-performing colonoscopists (HR 2.10; 95% CI 1.52–2.91;  $P < .001$ ) (Figure 2, Table 2, Supplementary Table 1).

Low performance and high-risk adenomas were significantly associated with interval cancers 10 years after screening colonoscopy. However, the interaction term in the multivariable model was not significant (interaction between ADR  $\geq 20$  and low-risk adenomas  $P = .81$ , and between ADR  $\geq 20$  and high-risk adenomas  $P = .44$ , respectively, data not shown). For individuals with no adenomas, the cancer risk after 10 years was twice as high if examined by low-performing colonoscopists compared with high-performing colonoscopists (Table 1).

Sensitivity analyses with censoring individuals at the time of recommended surveillance, and with different thresholds for low- and high-performing colonoscopists, confirmed both the group of individuals with high-risk adenomas examined by low performers as those at highest risk for interval cancers, and the increased risk for interval cancers for patients with a negative colonoscopy examined by a low performer compared with a high performer. The difference was smaller when the observation period was censored at time of recommended surveillance (Supplementary Tables 2 and 3). Colorectal cancer incidence rates per 100,000 person-years are summarized in Supplementary Table 4, and gave similar results.

### Validation Cohort

A total of 137,169 individuals underwent screening colonoscopy and were included. The median follow-up was 3.1 years (IQR 1.7–5 years), and 465,464.21 person-years of follow-up. A total of 103 interval colorectal cancers were diagnosed during follow-up. Supplementary Table 5 shows performance distribution of the 242 participating endoscopists.

For individuals with low-risk adenomas, colorectal cancer risk per 100,000 person-years was 2.51 for those examined by low-performing colonoscopists vs 1.14 for those examined by high-performing colonoscopists (HR 2.11; 95% CI 0.61–7.28;  $P = .238$ ). For individuals with

**Table 2.** Absolute 10-Year Risk of CRC After Screening Colonoscopy in Different Adenoma Risk Groups (No Adenoma, Low-Risk Adenoma, High-Risk Adenoma), Stratified by ADR of Colonoscopists (ADR <20% vs ADR ≥20%)

| Risk group        | ADR <20%                            |                                   |                                     | ADR ≥20%                            |                                   |                                     | P value |
|-------------------|-------------------------------------|-----------------------------------|-------------------------------------|-------------------------------------|-----------------------------------|-------------------------------------|---------|
|                   | No. of CRC cases/no. of individuals | CRC risk, <sup>a</sup> % (95% CI) | CRC risk per 100,000 prs-y (95% CI) | No. of CRC cases/no. of individuals | CRC risk, <sup>a</sup> % (95% CI) | CRC risk per 100,000 prs-y (95% CI) |         |
| No adenoma        | 250/94,097                          | 0.30 (0.27–0.34)                  | 29.05 (25.56–32.88)                 | 57/48,491                           | 0.15 (0.11–0.20)                  | 13.68 (10.36–17.72)                 | <.001   |
| Low-risk adenoma  | 39/8380                             | 0.55 (0.40–0.75)                  | 52.14 (37.08–71.27)                 | 21/11,014                           | 0.22 (0.14–0.34)                  | 22.38 (13.86–34.21)                 | .004    |
| High-risk adenoma | 57/5776                             | 1.14 (0.87–1.48)                  | 109.02 (82.58–141.22)               | 19/5,530                            | 0.43 (0.27–0.69)                  | 40.11 (24.15–62.64)                 | <.001   |

CRC, colorectal cancer; prs-y, person years.

<sup>a</sup>Ten-year cumulative risk from Kaplan-Meier method.<sup>b</sup>ADR <20% vs ADR ≥20%. Using stepwise regression hazard ratio for no adenoma and low-risk adenoma groups were adjusted for age group and family history of CRC. High-risk adenoma group was adjusted only for age group.

high-risk adenomas, colorectal cancer incidence was 9.77 for those examined by low-performing colonoscopists vs 4.31 for those examined by high-performing colonoscopists (HR 2.16; 95% CI 0.92–5.08;  $P = .079$ ). For individuals with no adenomas, colorectal cancer incidence was 2.51 when examined by low-performing colonoscopists vs 1.49 for high-performing colonoscopists (HR 1.65; 95% CI 1.03–2.64;  $P = .038$ ).

Absolute colorectal cancer risk and colorectal cancer rates per 100,000 person-years for different ADR thresholds and censoring at different time points are shown in [Supplementary Tables 6A and 6B](#). The results show similar trends as those of the Polish cohort.

## Conclusions

Current surveillance recommendations after screening colonoscopy are based on characteristics of removed adenomas, and do not take into account performance quality of colonoscopists. Our study of a 10-year follow-up after screening colonoscopy indicates that surveillance should be informed by performance quality of colonoscopists and characteristics of removed adenomas.

Intriguingly, even individuals with high-risk adenomas at screening have a very low risk of interval cancer after screening, provided that a high-performing colonoscopist performed their screening. This finding challenges current surveillance guidelines and questions the need of frequent surveillance for this group. Conversely, if a low-performing colonoscopist performed their screening, the 10-year cumulative colorectal cancer risk was significantly higher (more than 1%). These individuals may benefit from increased surveillance.

It is well known that ADR is correlated with interval colorectal cancer after colonoscopy.<sup>8,9</sup> ADR is therefore established as an important quality indicator for screening colonoscopy, and its reporting is recommended in current guidelines. This study is introducing the next step of improving quality indicators in screening colonoscopy, as it links polyp status of individuals to colonoscopist performance with a long-time follow-up of 10 years, to be applied in surveillance recommendations for individuals after screening.

Higher interval cancer rates for low-performing colonoscopists can be explained by 3 possible reasons. First, a lesion is missed and develops into colorectal cancer. Second, patients' risk of future neoplasia is not correctly classified because adenomas are missed by low-performing endoscopists. Third, patients undergoing colonoscopy by high-performing endoscopists undergo more surveillance colonoscopies. Even if findings at the first colonoscopy are unrelated to future risk of colorectal cancer, patients with polyps at the first colonoscopy may have a lower risk of colorectal cancer because of more frequent subsequent colonoscopies. Patients who had a colonoscopy performed by a high-performing endoscopist will have more subsequent colonoscopies performed than those performed by a low-performing endoscopist. Our results indicate that adding endoscopists' performance to

surveillance recommendations based on colonoscopy findings would help to identify those who would benefit most from surveillance. Our results may have important consequences for clinical practice. As indicated, colonoscopist screening ADR is important to define future cancer risk. Individuals with high-risk adenomas removed at screening by low-performing endoscopists are at highest risk (1% over 10 years). These individuals may be offered enhanced surveillance. However, they comprise only 3.2% of our screening cohort. All other groups had a 10-year interval cancer risk of less than 0.6%, challenging the intensity of current surveillance strategies. These findings are in line with previous studies questioning the need for surveillance after 10 or 15 years.<sup>22,23</sup> By reallocating resources to individuals with the highest risk, we believe that the total amount of surveillance colonoscopies can be reduced dramatically without patient harm.

The observed trends were consistent with different ADR cutoffs, and different follow-up times after screening and could be reproduced in an independent screening colonoscopy cohort from Austria including 137,169 colonoscopies, although with a shorter follow-up and thus fewer events. For the main analyses, we used an ADR cutoff of 20% because this was the quality standard during data collection, and it reflects the population adenoma prevalence pattern in Poland as well as in Austria.<sup>21,24</sup> For other populations with higher detection rates and adenoma prevalence, other thresholds may be applied.

Our main analyses are absolute risks expressed as 10-year cumulative risk of colorectal cancer. We also present colorectal cancer rates per 100,000 person-years, as the follow-up time in validation cohort is less than 10 years. As displayed, the 2 measures provide comparable results.

Strengths of the present study include the large size, long follow-up after screening, completeness of the data and an independent validation cohort. Previous studies on the impact of adenoma characteristics respectively ADR on interval cancers were based on heterogeneous colonoscopy cohort,<sup>23,25</sup> had shorter follow-up,<sup>12,13</sup> a smaller patient cohort,<sup>13</sup> or lack assessment of performance quality.<sup>25,26</sup> Limitations include the nature of register-based studies, and the lack of possible residual confounders, such as body mass index, smoking, and tobacco use. Moreover, our data set included very few serrated lesions (1% in the Polish cohort, 1% in the Austrian cohort) and thus cannot be applied to this polyp entity. The follow-up of the Austrian validation cohort is shorter, and thus, the results are more uncertain than the main cohort. Twenty-seven percent of individuals were excluded from the study because the colonoscopist did not complete >100 examinations per year. Nevertheless, to provide high-quality data, a large number of colonoscopies is important for a robust estimation of ADR. Finally, there was a predominance of women in the main study cohort with a relatively low ADR. However, the main findings could be reproduced in the validation cohort with a more balanced gender profile and the differences in interval cancer incidences could already be observed using an ADR cutoff of 20%.

In conclusion, our study proposes a new rationale for surveillance recommendations after screening colonoscopy with the combination of adenoma characteristics and colonoscopist performance based on long-time follow-up evidence.

## Supplementary Material

Note: To access the supplementary material accompanying this article, visit the online version of *Gastroenterology* at [www.gastrojournal.org](http://www.gastrojournal.org), and at <https://doi.org/10.1053/j.gastro.2020.10.009>.

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Received February 11, 2020. Accepted October 7, 2020.

#### Correspondence

Address correspondence to: Michael Bretthauer, MD, PhD, Clinical Effectiveness Research Group, Institute of Health and Society, University of Oslo, Forskningsveien 3A, 0373 Oslo, Norway. e-mail: michael.bretthauer@medisin.uio.no.

#### CRediT Authorship Contributions

Paulina Wieszczy, MSC (Conceptualization: Equal; Data curation: Equal; Formal analysis: Lead; Writing – original draft: Supporting)  
 Elisabeth Waldmann, MD (Conceptualization: Lead; Data curation: Equal; Writing – original draft: Equal)  
 Magnus Löberg, MD (Conceptualization: Supporting; Validation: Supporting)  
 Jaroslaw Regula, MD (Data curation: Lead; Writing – review & editing: Supporting)  
 Maciej Rupinski, MD (Data curation: Supporting; Writing – review & editing: Supporting)  
 Marek Bugajski, MD (Data curation: Supporting; Writing – review & editing: Supporting)  
 Kathryn Gray, PhD (Methodology: Supporting). Mette Kalager, MD PhD (Formal analysis: Supporting; Visualization: Lead; Writing – review & editing: Supporting)  
 Monika Ferlitsch, MD (Conceptualization: Lead; Data curation: Lead; Writing – review & editing: Supporting)  
 Michal F. Kaminski, MD, PhD (Conceptualization: Supporting; Data curation: Lead; Writing – review & editing: Supporting)  
 Michael Bretthauer, MD, PhD (Formal analysis: Supporting; Writing – review & editing: Lead).

#### Conflict of interest

The authors disclose no conflicts.

#### Funding

Norwegian Research Council (grant no. 250256), Norwegian Cancer Society (grant no. 6741288), Austrian Society of Gastroenterology and Hepatology, Main Association of Statutory Insurance Institutions of Austria, Austrian Cancer Aid. The funders, did not have any role in the study design; in the collection, analysis, and interpretation of data; in the writing of the report; and in the decision to submit the article for publication. We confirm the independence of researchers from funders. All authors had full access to all of the data (including statistical reports and tables) in the study and take responsibility for the integrity of the data and the accuracy of the data analysis is also required.



**Supplementary Table 1.** Interval CRC After Screening Colonoscopy in Different Adenoma Risk Groups (No Adenoma, Low-Risk Adenoma, High-Risk Adenoma) Stratified by ADR of Colonoscopists (ADR <20% vs ADR ≥20%)

| No-adenoma group                    | HR   | 95% CI     | P     |
|-------------------------------------|------|------------|-------|
| ADR ≥20% (vs ADR<20%)               | 2.10 | 1.52–2.91  | <.001 |
| Age 50–54 (ref. 40–49)              | 1.55 | 0.88–2.73  | .126  |
| Age 55–59 (ref. 40–49)              | 1.88 | 1.11–3.21  | .020  |
| Age 60–66 (ref. 40–49)              | 3.65 | 2.11–6.33  | <.001 |
| 1st degree family history (vs none) | 1.32 | 0.98–1.78  | .069  |
| Low-risk adenoma                    |      |            |       |
| ADR≥20% (vs ADR<20%)                | 2.35 | 1.31–4.21  | .004  |
| Age 50–54 (ref. 40–49)              | 2.47 | 0.64–9.60  | .191  |
| Age 55–59 (ref. 40–49)              | 2.64 | 0.57–12.22 | .214  |
| Age 60–66 (ref. 40–49)              | 5.43 | 1.27–23.23 | .023  |
| 1st degree family history (vs none) | 1.80 | 0.99–3.27  | .053  |
| High-risk adenoma                   |      |            |       |
| ADR ≥20% (vs ADR<20%)               | 2.69 | 1.62–4.47  | <.001 |
| Age 50–54 (ref. 40–49)              | 0.97 | 0.25–3.83  | .967  |
| Age 55–59 (ref. 40–49)              | 1.87 | 0.58–6.07  | .298  |
| Age 60–66 (ref. 40–49)              | 2.27 | 0.70–7.32  | .170  |

NOTE. Observation period censored after 10 years. Using stepwise regression HRs for proximal CRC in no adenoma and high-risk adenoma groups were adjusted for age group and in low-risk adenoma group HR was not adjusted. HRs for distal CRC were adjusted for age group in no-adenoma group, age group and family history in low-risk group and sex in high-risk group  
CRC, colorectal cancer.

**Supplementary Table 2.** Interval CRC After Screening Colonoscopy in Different Adenoma Risk Groups (No Adenoma, Low-Risk Adenoma, High-Risk Adenoma) Stratified by ADR of Colonoscopists (ADR <25% vs ADR ≥25%)

| No-adenoma group                    | HR   | 95% CI     | P     |
|-------------------------------------|------|------------|-------|
| ADR ≥25% (vs ADR <25%)              | 2.01 | 1.25–3.25  | .004  |
| Age 50–54 (ref. 40–49)              | 1.51 | 0.86–2.66  | .152  |
| Age 55–59 (ref. 40–49)              | 1.83 | 1.08–3.11  | .025  |
| Age 60–66 (ref. 40–49)              | 3.54 | 2.05–6.12  | <.001 |
| 1st degree family history (vs none) | 1.31 | 0.97–1.77  | .074  |
| Low-risk adenoma                    |      |            |       |
| ADR ≥25% (vs ADR <25%)              | 2.95 | 1.41–6.16  | .004  |
| Age 50–54 (ref. 40–49)              | 2.49 | 0.65–9.55  | .184  |
| Age 55–59 (ref. 40–49)              | 2.64 | 0.57–12.19 | .212  |
| Age 60–66 (ref. 40–49)              | 5.45 | 1.27–23.29 | .022  |
| 1st degree family history (vs none) | 1.81 | 1.01–3.26  | .047  |
| High-risk adenoma                   |      |            |       |
| ADR ≥25% (vs ADR <25%)              | 2.05 | 1.13–3.74  | .019  |
| Age 50–54 (ref. 40–49)              | 0.94 | 0.24–3.67  | .925  |
| Age 55–59 (ref. 40–49)              | 1.79 | 0.55–5.82  | .329  |
| Age 60–66 (ref. 40–49)              | 2.18 | 0.67–7.04  | .193  |

NOTE. Observation period censored after 10 years. Using stepwise regression HRs for CRC in no-adenoma and low-risk adenoma groups were adjusted for age group and family history of CRC, and in high-risk adenoma group was adjusted for age group only. CRC, colorectal cancer.

**Supplementary Table 3.** Interval CRC After Screening Colonoscopy in Different Adenoma Risk Groups (No Adenoma, Low-Risk Adenoma, High-Risk Adenoma) Stratified by ADR of Colonoscopists (ADR <20% vs ADR ≥20% and ADR <25% vs ADR ≥25%)

| Cutoff 20%                          |      |            |       |
|-------------------------------------|------|------------|-------|
| No-adenoma group                    | HR   | 95% CI     | P     |
| ADR ≥20% (vs ADR <20%)              | 2.10 | 1.52–2.91  | <.001 |
| Age 50–54 (ref. 40–49)              | 1.55 | 0.88–2.73  | .126  |
| Age 55–59 (ref. 40–49)              | 1.88 | 1.11–3.21  | .020  |
| Age 60–66 (ref. 40–49)              | 3.65 | 2.11–6.33  | <.001 |
| 1st degree family history (vs none) | 1.32 | 0.98–1.78  | .069  |
| Low-risk adenoma                    |      |            |       |
| ADR ≥20% (vs ADR <20%)              | 1.23 | 0.56–2.70  | .615  |
| Age 55–59 (ref. 40–54)              | 0.81 | 0.25–2.63  | .724  |
| Age 60–66 (ref. 40–54)              | 2.39 | 0.96–5.92  | .060  |
| High-risk adenoma                   |      |            |       |
| ADR ≥20% (vs ADR <20%)              | 4.14 | 1.16–14.82 | .029  |
| Cutoff 25%                          |      |            |       |
| No-adenoma group                    |      |            |       |
| ADR ≥25% (vs ADR <25%)              | 2.01 | 1.25–3.25  | .004  |
| Age 50–54 (ref. 40–49)              | 1.51 | 0.86–2.66  | .152  |
| Age 55–59 (ref. 40–49)              | 1.83 | 1.08–3.11  | .025  |
| Age 60–66 (ref. 40–49)              | 3.54 | 2.05–6.12  | <.001 |
| 1st degree family history (vs none) | 1.31 | 0.97–1.77  | .074  |
| Low-risk adenoma                    |      |            |       |
| ADR ≥25% (vs ADR <25%)              | 1.88 | 0.72–4.93  | .198  |
| Age 55–59 (ref. 40–54)              | 0.81 | 0.25–2.65  | .732  |
| Age 60–66 (ref. 40–54)              | 2.41 | 0.97–5.98  | .059  |
| High-risk adenoma                   |      |            |       |
| ADR ≥25% (vs ADR <25%)              | 2.54 | 0.58–11.10 | .215  |

NOTE. Observation period censored at time of recommended surveillance (3 or 5 years). Using stepwise regression HR for CRC in no adenoma was adjusted for age group and family history of CRC, in low-risk group was adjusted for age group, and in high-risk adenoma group was not adjusted. CRC, colorectal cancer.

**Supplementary Table 4.** CRC Rates per 100,000 Person Years of Follow-up for Low-Risk Individuals, High-Risk Individuals, and After Negative Colonoscopies, Respectively, Stratified by Endoscopist ADRs (Thresholds of Low vs High Performance at 20% and 25%, Respectively)

| Censoring after 10 years  |           |              |                                        |           |              |                                   |
|---------------------------|-----------|--------------|----------------------------------------|-----------|--------------|-----------------------------------|
| Risk group                | ADR <20%  |              |                                        | ADR ≥20%  |              |                                   |
|                           | CRC cases | Person-years | Rate per 100,000 person-years (95% CI) | CRC cases | Person-years | Rate per 100,000 p-years (95% CI) |
| No adenoma                | 250       | 860,686      | 29.05 (25.56–32.88)                    | 57        | 416,678      | 13.68 (10.36–17.72)               |
| Low-risk adenoma          | 39        | 74,794       | 52.14 (37.08–71.27)                    | 21        | 93,820       | 22.38 (13.86–34.21)               |
| High-risk adenoma         | 57        | 52,286       | 109.02 (82.58–141.22)                  | 19        | 47,365       | 40.11 (24.15–62.64)               |
| Censoring after 10 years  |           |              |                                        |           |              |                                   |
| Risk group                | ADR <25%  |              |                                        | ADR ≥25%  |              |                                   |
|                           | CRC cases | Person-years | Rate per 100,000 person-years (95% CI) | CRC cases | Person-years | Rate per 100,000 p-years (95% CI) |
| No adenoma                | 283       | 1,090,287    | 25.96 (23.02–29.16)                    | 24        | 187,077      | 12.83 (8.22–19.09)                |
| Low-risk adenoma          | 52        | 116,466      | 44.65 (33.35–58.55)                    | 8         | 52,148       | 15.34 (6.62–30.23)                |
| High-risk adenoma         | 65        | 73,932       | 87.92 (67.86–112.05)                   | 11        | 25,719       | 42.77 (21.35–76.51)               |
| Censoring on surveillance |           |              |                                        |           |              |                                   |
| Risk group                | ADR <20%  |              |                                        | ADR ≥20%  |              |                                   |
|                           | CRC cases | Person-years | Rate per 100,000 person-years (95% CI) | CRC cases | Person-years | Rate per 100,000 p-years (95% CI) |
| No adenoma                | 250       | 860,686      | 29.05 (25.56–32.88)                    | 57        | 416,678      | 13.68 (10.36–17.72)               |
| Low-risk adenoma          | 12        | 41,605       | 28.84 (14.9–50.38)                     | 13        | 54,696       | 23.77 (12.66–40.64)               |
| High-risk adenoma         | 13        | 17,251       | 75.36 (40.13–128.83)                   | 3         | 16,501       | 18.18 (3.75–53.12)                |

| Censoring on surveillance |           |              |                                   |           |              |                                   |
|---------------------------|-----------|--------------|-----------------------------------|-----------|--------------|-----------------------------------|
| Risk group                | ADR <25%  |              |                                   | ADR ≥25%  |              |                                   |
|                           | CRC cases | Person-years | Rate per 100,000 p-years (95% CI) | CRC cases | Person-years | Rate per 100,000 p-years (95% CI) |
| No adenoma                | 283       | 109,0287     | 25.96 (23.02–29.16)               | 24        | 187,077      | 12.83 (8.22–19.09)                |
| Low-risk adenoma          | 20        | 65,743       | 30.42 (18.58–46.98)               | 5         | 30,557       | 16.36 (5.31–38.18)                |
| High-risk adenoma         | 14        | 24,759       | 56.55 (30.92–94.85)               | 2         | 8992         | 22.24 (2.69–80.32)                |

NOTE. Observation period censored after 10 years, and at recommended surveillance, respectively.  
CRC, colorectal cancer.

**Supplementary Table 5.** Austrian Validation Cohort: ADR of Participating Endoscopists

| Colonoscopist ADR, %  | No. of colonoscopies |
|-----------------------|----------------------|
| Quintile 1: <15.2     | 27,797               |
| Quintile 2: 15.2–19.3 | 28,840               |
| Quintile 3: 19.3–23.2 | 26,549               |
| Quintile 4: 23.2–28.9 | 27,446               |
| Quintile 5: ≥28.9     | 26,537               |



**Supplementary Table 6A.** Validation Cohort: CRC Risk per 100,000 Person-Years for Low-Risk Adenoma Individuals, High-Risk Adenoma Individuals, and After Negative Colonoscopy, Stratified by Endoscopist Performance (ADR Cutoff 20% and 25%, Respectively)

| Risk group        | ADR <20%              |        |                                   | ADR ≥20%              |           |                                   | HR <sup>a</sup> (95% CI) | P value |
|-------------------|-----------------------|--------|-----------------------------------|-----------------------|-----------|-----------------------------------|--------------------------|---------|
|                   | Number of individuals | CRC, n | CRC rate per 100,000 person-years | Number of individuals | CRC cases | CRC rate per 100,000 person-years |                          |         |
| No adenoma        | 50,197                | 43     | 2.513                             | 56,882                | 29        | 1.489                             | 1.65 (1.03–2.64)         | .038    |
| Low-risk adenoma  | 5606                  | 5      | 2.512                             | 12,961                | 5         | 1.138                             | 2.11 (0.61–7.28)         | .238    |
| High-risk adenoma | 3158                  | 10     | 9.770                             | 8365                  | 11        | 4.313                             | 2.16 (0.92–5.08)         | .079    |

| Risk group        | ADR <20%              |        |                                   | ADR ≥20%              |           |                                   | HR <sup>a</sup> (95% CI) | P value |
|-------------------|-----------------------|--------|-----------------------------------|-----------------------|-----------|-----------------------------------|--------------------------|---------|
|                   | Number of individuals | CRC, n | CRC rate per 100,000 person-years | Number of individuals | CRC cases | CRC rate per 100,000 person-years |                          |         |
| No adenoma        | 74,259                | 63     | 2.448                             | 32,820                | 9         | 0.829                             | 2.92 (1.45–5.87)         | .003    |
| Low-risk adenoma  | 9909                  | 8      | 2.253                             | 8658                  | 2         | 0.706                             | 3.11 (0.66–14.63)        | .152    |
| High-risk adenoma | 5699                  | 15     | 8.100                             | 5824                  | 6         | 3.484                             | 2.24 (0.87–5.77)         | .095    |

NOTE. Observation period censored at the end of follow-up period, or at the actual date of surveillance colonoscopy, respectively.

CRC, colorectal cancer.

<sup>a</sup>Low performers vs high performers, adjusted for age and sex of individuals, not accounted for within-physician clustering and possible correlations between the same individual with multiple examinations.

**Supplementary Table 6B.** Validation Cohort: CRC Risk per 100,000 Person Years for Low-Risk Adenoma Individuals, High-Risk Adenoma Individuals, and After Negative Colonoscopy, Stratified by Endoscopists' Performance (ADR Cutoff 20% and 25%, Respectively)

| Risk group        | ADR <20%              |           |                                   | ADR ≥20%              |           |                                   | HR <sup>a</sup> (95% CI) | P value |
|-------------------|-----------------------|-----------|-----------------------------------|-----------------------|-----------|-----------------------------------|--------------------------|---------|
|                   | Number of individuals | CRC cases | CRC risk per 100,000 person-years | Number of individuals | CRC cases | CRC risk per 100,000 person-years |                          |         |
| No adenoma        | 50,197                | 43        | 2.513                             | 56,882                | 29        | 1.489                             | 1.64 (1.02–2.63)         | .040    |
| Low-risk adenoma  | 5606                  | 3         | 1.507                             | 12,961                | 5         | 1.230                             | 1.25 (0.30–5.24)         | .758    |
| High-risk adenoma | 3158                  | 5         | 6.893                             | 8365                  | 8         | 4.325                             | 1.53 (0.50–4.67)         | .458    |

| Risk group        | ADR <20%              |           |                                   | ADR ≥20%              |           |                                   | HR <sup>a</sup> (95% CI) | P value |
|-------------------|-----------------------|-----------|-----------------------------------|-----------------------|-----------|-----------------------------------|--------------------------|---------|
|                   | Number of individuals | CRC cases | CRC risk per 100,000 person-years | Number of individuals | CRC cases | CRC risk per 100,000 person-years |                          |         |
| No adenoma        | 74,259                | 63        | 2.448                             | 32,820                | 9         | 0.829                             | 2.92 (1.45–5.87)         | .003    |
| Low-risk adenoma  | 9909                  | 6         | 1.690                             | 8658                  | 2         | 0.757                             | 2.35 (0.48–11.65)        | .295    |
| High-risk adenoma | 5699                  | 9         | 6.921                             | 5824                  | 4         | 3.318                             | 2.17 (0.67–7.04)         | .198    |

NOTE. Observation period censored at the end of follow-up period or at recommended time of surveillance (3 years for high-risk adenoma, 5 years for low-risk adenomas). Total number of person years: 450,786.35. Total number of events: 93. CRC, colorectal cancer.

<sup>a</sup>Low performer vs high performer, adjusted for age and sex of individuals, not accounted for within-physician clustering and possible correlations between the same individual with multiple examinations